

A workshop for counsellors
**“The challenges of time-limited
counselling – making good use of the
therapeutic relationship”**
Saturday 4th November 2017
10am – 4pm

at The Uplands Day Centre, Shrewsbury, SY3 8GA

**Facilitated by: Debra Nash MSc. Member Institute of Group
Analysis, UKCP Registered**

Debra is an experienced Psychotherapist, Supervisor and Group Analyst. Debra provides clinical supervision for Confide Counselling Services.

The Course: Clients are presenting with an increasing complexity of needs. This can feel overwhelming for both the counsellor and the client, particularly when working within time constraints: Most typically 6, 8 or 12 weeks for services which are not self-funded. Where do you start?

This workshop will offer a way to think about the problems clients bring and how to work with them within a time frame, with a focus on making the most effective use of the therapeutic relationship.

This workshop will focus on the first two sessions of counselling, drawing on the key concepts of:

- Attachment
- Transference
- Defences
- Therapeutic Alliance.

This will provide you with a ‘scaffold’ on which to hang your first thoughts, responses & analysis of your client to support you on developing a frame from within which to begin working with your client.

If you would like to book please contact Confide to obtain a booking form or alternatively go to our website www.confide.org.uk

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Name: (Block Capitals).....

Address: (Block Capitals).....
.....

Tel No: email:

Organisation:

CPD Certificates will be issued

- * I enclose £65 [] Non-Confide Counsellor
 £55 [] Student Counsellors (Course:)
 £50 [] Confide Member
 £25 [] Confide Staff

** Please make cheques payable to Confide Counselling Service and send to us with completed form at the address below or alternatively email the form and pay by BACS using your initials and “TRAINING” as the reference for payment. HSCB Sort Code: 40 41 30 A/C: 72229633*

Fee includes refreshments and light lunch

Do you have any special dietary requirements?

We offer group discounts for Organisations wishing to send 3 or more delegates. Please contact us to enquire

PLACES ARE LIMITED – your place will only be confirmed once payment is received

The Venue for this workshop is: **The Uplands Day Centre, Shrewsbury**

There is parking on-site. Registration and coffee will be at 9:45am

**Further queries should be addressed to: Judy Salmon,
Training Co-ordinator, Confide, Roy Fletcher Centre, 12-17 Cross Hill, Shrewsbury, SY1 1JE on
01743 351319 or email: judysalmon@confide.org.uk**

Cancellation policy: In the event of cancellation by the participant, confide reserves the right to a 25% cancellation fee. In the event of participant cancellation less than 30 days prior to the event, the fee will not be refunded. CANCELLATIONS WILL NOT BE ACCEPTED BY TELEPHONE, BUT MUST BE MADE BY IN WRITING/BY EMAIL