

Become a Confide Counselling Trustee

Charity trustees come from all walks of life, and are united by their wish to create positive change in society. Most people are eligible to serve as trustees. The work of a trustee should be rewarding and enjoyable, and an opportunity to serve the community while learning new skills. Trustees with specific skills and experience such as HR, marketing, the law, contracting, charity accounting, health and safety and medical are very valuable. We also hold a number of fund raising events each year, such as supermarket collections and a book fair and always welcome extra help.

Charity trustees are the people who serve on the governing body of a charity. They may be known as trustees, directors, board members, governors or committee members. Charity trustees are responsible for the general control and management of the administration of a charity. The great majority of trustees serve as volunteers, and receive no payment for their work.

The responsibilities and duties of trustees are summarised in the very helpful Charity Commission publication 'The Essential Trustee'.

Confide Counselling trustees are members of the Confide Counselling Management Committee and together with senior staff, have responsibilities as set out in the Confide Handbook Chapter 2 Section 2. The committee normally meets on the last Thursday evening of alternate months at the Roy Fletcher Centre. Meetings are from 7.00 until 9.00pm and are based on an agenda, minutes of the previous meeting and written reports which are issued before the meeting. The basic requirement for each management committee meeting is approximately 2 hours meeting preparation and 2 hours for the meeting itself.

The procedure for appointment of trustees is set out in the Confide Handbook at Chapter 2 procedure 10. Trustees are elected at the Annual General Meeting normally held in September each year; appointments between AGMs may be made by trustees at their regular meetings. Any nomination should be addressed to the Secretary and be accompanied by a brief written biography including present or previous employment and any voluntary work undertaken. It should specifically include details of skills or experience which would be relevant to being a trustee of Confide.

Following appointment trustees will be provided with essential documentation including the latest Handbook section covering governance procedures, latest budget, the review of risk management, review of internal financial controls, the current business plan and the members list.

This is an opportunity to take an active part in the management of a registered charity which has been providing an individual counselling service in the Shropshire and Telford & Wrekin areas since 1987 and which is currently developing a broader range of counselling services. If you are interested in becoming a Confide trustee please [Contact Us](#).